

DELI DISH ALLERGEN/ SHELF-LIFE MATRIX

Product Name	ALLERGENS														SHELF LIFE (DAYS HELD AFTER PREP)
	1 CELERY	2 CEREALS (CONTAINING GLUTEN)	3 CRUSTACEANS	4 EGGS	5 FISH	6 LUPIN	7 MILK	8 MOLLUSCS	9 MUSTARD	10 NUTS	11 PEANUTS	12 SESAME SEEDS	13 SOYA	14 SULPHITES	
LETTUCE, ICEBERG															SAME DAY
WILD ROCKET LEAVES															SAME DAY
SLICED RED SALAD ONION															SAME DAY
SLICED SPRING ONION															SAME DAY
SWEETCORN, TINNED															SAME DAY
PINEAPPLE, SLICED (CANNED)															SAME DAY
CARROT, GRATED															SAME DAY
CUCUMBER, SLICED															SAME DAY
TOMATOES, CHERRY															SAME DAY
TOMATOES, SLICED															SAME DAY
GRATED WHITE CHEESE															SAME DAY
BEETROOT, SLICED															SAME DAY
TOSSSED SALAD WITH EGG															SAME DAY
TOSSSED SALAD (VEGGIE)															SAME DAY

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ROCKET SALAD WITH WENSLEYDALE																SAME DAY
CELERY,APPLE, WALNUT																1
BABY POTATO SALAD																1
GARLIC POTATO SALAD																1
SMOOTH POTATO SALAD																1
POTATO SALAD WITH CHEESE																1
CHILLI POTATOES																1
BROCCOLI AND PEANUTS																1
BROCCOLI AND FETA																1
COLESLAW, REGULAR																1
VEGGIE SLAW																1
CURRIED COLESLAW																1
SPICY SLAW																1

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CHEESE, CARROT AND ONION															1
CHILLI PASTA															1
VINEGRAITTE PASTA															1
CAESEAR PASTA															1
CHILLI NOODLES															1
RED PESTO LINGUINE															1
GREEN PESTO LINGUINE															1
ORZO PASTA															1
COUS COUS															1
RICE SALAD															1
TUNA PASTA															1
STUFFING															1
EGG AND BACON MAYO															1

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2. COOKED MEATS/ MEAT FILLINGS															
COOKED CHICKEN															1
COOKED HAM															1
ROAST BEEF															1
COOKED BACON															1
CHICKEN GOUJONS (SOUTHERN FRIED,OVEN BAKED)			May contain	May contain			May contain	May contain			May contain	May contain			1
TIKKA CHICKEN															1
CHILLI CHICKEN															1
CAJUN CHICKEN															1
CAESAR PASTA SALAD WITH CHICKEN AND BACON		WHEAT BARLEY GLUTEN													

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3. QUICHE, PIZZA, PIES, SAUSAGE ROLLS, PASTIES															
QUICHE VEGGIE (feta, red onion, sweetcorn)															1
QUICHE BACON															1
SODA PIZZA															1
VEGGIE SAUSAGE ROLLS															1
SAUSAGE ROLLS (BEEF)															1
SAUSAGE ROLLS (PORK)															1
SAUSAGE ROLLS (GARLIC PORK)															1
SAUSAGE ROLLS (CHILLI PAPRIKA PORK)															1
CHEESE AND BACON JAMBONS															1
BEEF AND ONION SAUSAGE ROLL															

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4. SOUPS, STEWS, CURRIES, CASSEROLES															
VEGETABLE SOUP															
CARROT AND PARSNIP SOUP															
CARROT AND BROCCOLI SOUP															
ROAST CAULIFLOWER SOUP															
POTATO, LEEK AND BACON SOUP															
CHICKEN NOODLE SOUP															
CREAM OF MUSHROOM															
CHICKEN CRUMBLE															
CHICKEN PIE															
LASAGNE															
SHEPHERDS PIE															
IRISH STEW															
PARSNIP AND BACON															
THAI BUTTERNUT SQUASH															

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CHILLI JAM, HOMEMADE															
PESTO, HOMEMADE															
MAYONNAISE, RICH SAUCES															
GARLIC MAYONNAISE, RICH SAUCES															
CHIPOTLE SAUCE															
TACO SAUCE															
SWEET CHILLI															
TIKKA MAYONNAISE															

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Product Name	ALLERGENS														
BREADS (NON CORNER BAKERY)	1 CELERY	2 CEREALS (CONTAINING GLUTEN)	3 CRUSTACEANS	4 EGGS	5 FISH	6 LUPIN	7 MILK	8 MOLLUSCS	9 MUSTARD	10 NUTS	11 PEANUTS	12 SESAME SEEDS	13 SOYA	14 SULPHITES	SHELF LIFE (DAYS HELD AFTER PREP)
HOVIS GRANARY THICK															SAME DAY

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