

CORNER BAKERY MAGHERAFELT MENU ALLERGEN MATRIX

Product Name	ALLERGENS														SHELF LIFE (DAYS HELD AFTER PREP)
	1 CELERY	2 CEREALS (CONTAINING GLUTEN)	3 CRUSTACEANS	4 EGGS	5 FISH	6 LUPIN	7 MILK	8 MOLLUSCS	9 MUSTARD	10 NUTS	11 PEANUTS	12 SESAME SEEDS	13 SOYA	14 SULPHITES	
TOAST															
WHITE		Wheat													
LO GI BREAD		Wheat Spelt													
SOURDOUGH		Wheat, rye													
GRANARY		Wheat													
BUTTER															
JAM															
BANANA															
SAUSAGE ROLLS (BEEF)		Wheat													
OVERNIGHT OATS With raspberry jam and flaked almonds		OATS (Gluten)								Almonds					
AVO EGGS															
SOURDOUGH BREAD		Gluten, rye													
EGGS															
SMASHED AVOCADO															
ROCKET															
POTATO BREAD STACK															
POTATO BREAD		Wheat													
SAUSAGES		Wheat													
BACON															
BALLYMALOE RELISH		Barley													
SIRACHA SAUCE															

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FILLED SODA															
SODA BREAD		Wheat													
PORK AND LEEK SAUSAGES		Wheat													
BACON															
EGGS															
BREAKFAST WRAP															
TORTILLA		Wheat (gluten)													
PORK AND LEEK SAUSAGES		Wheat													
BACON															
EGGS															
BALLYMALOE RELISH		Barley													
MRS T'S FRY															
PORK AND LEEK SAUSAGES		Wheat													
BACON															
EGGS															
ROASTED TOMATOES															
SODA BREAD		Wheat													
POTATO BREAD		Wheat													

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PANCAKE STACK															
PANCAKES		Wheat													
BANANA															
CHOCOLATE HAZLENUT SPREAD										hazlenuts					
BACON															
MAPLE SYRUP															
GRANOLA CRUNCH, FRUIT Mixed whole nuts, rolled oats, mixed seeds, dried fruit (sultanas), maple syrup or honey		Oats (gluten)								Mixed nuts	May contain	May contain trace			
SODA BREAD PIZZA															
See extras for specific toppings															
SODA BREAD		Wheat													
GOURMET PIZZA															
See extras for specific toppings															
PIZZA DOUGH		Wheat													
GARLIC BREAD Sourdough, butter, garlic, parsley		Rye, Gluten													
SIGNATURE SANDWICH															
PESTO CHICKEN															
MOZZERELLA CHEESE															
SUN BLUSHED TOMATOES															
ROCKET															

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HAM AND CHEESE GRILL															
BAKED HAM															
VINTAGE CHEDDAR															
TOMATO															
RED ONION															
SPICY TOMATO RELISH		BARLEY													
CHICKEN AND CHORIZO MELT	See individual breads for allergens														
SHREDDED CHICKEN															
CHORIZO															
VINTAGE CHEDDAR															
ROASTED RED PEPPERS															
MIXED LEAVES															
HOMEMADE SPICY MAYO		Barley, gluten													
GOATS CHEESE DELIGHT	See individual breads for allergens														
MIXED ROASTED PEPPERS															
CARAMELISED RED ONION															
GOATS CHEESE CRUMB															

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PREPARED SALADS/ VEGETABLES/ CHEESE															
FILLED BAP See extras for individual fillings															
WHITE BAP		Wheat													
BROWN BAP		Wheat													
HOT WRAP OF THE DAY Ref. individual fillings															
TORTILLA		Wheat													
SOUP OF THE DAY															
Potato and Leek		Gluten													
Carrot, Corriander and orange															
Tomato and basil															
Creamy mushroom															
Creamy tomato															
Roasted Red pepper and tomato															
Vegetable Soup															
SOUP AND SANDWICH (AS ABOVE)															
LASAGNE (Beef)		Wheat													

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EXTRAS/ FILLINGS/ SIDES															
BACON															
PORK AND LEEK SAUSAGES		Wheat													
EGGS															
BANANA															
GRANOLA CRUNCH, FRUIT Mixed whole nuts, rolled oats, mixed seeds, dried fruit raisins, maple syrup or honey		Oats													
GRANOLA CRUNCH, CHOCOLATE Mixed whole nuts, rolled oats, mixed seeds, dried fruit raisins, maple syrup or honey		Oats													
CHOCOLATE HAZLENUT SAUCE															
MAPLE SYRUP															
FRESH WHIPPING CREAM															
CUSTARD															
FILLINGS/ SALADS/ DELI															
SAUSAGES		Wheat													
BACON															
COOKED HAM															
CHORIZO															
SLICED PEPPER (ROASTED)															

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SMASHED AVOCADO															
GRATED CHEESE															
COLESLAW															
TOMATO															
RED ONION															
TOSSED SALAD mixed leaves, tomato, red onion,															
DRESSINGS/ SAUCES															
CARAMELISED RED ONION															
LEMON CURD															
STRAWBERRY JAM															

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BREADS															
WHITE		Wheat													
LO GI BREAD		Wheat Spelt													
SOURDOUGH		Wheat, rye													
GRANARY		Wheat													

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